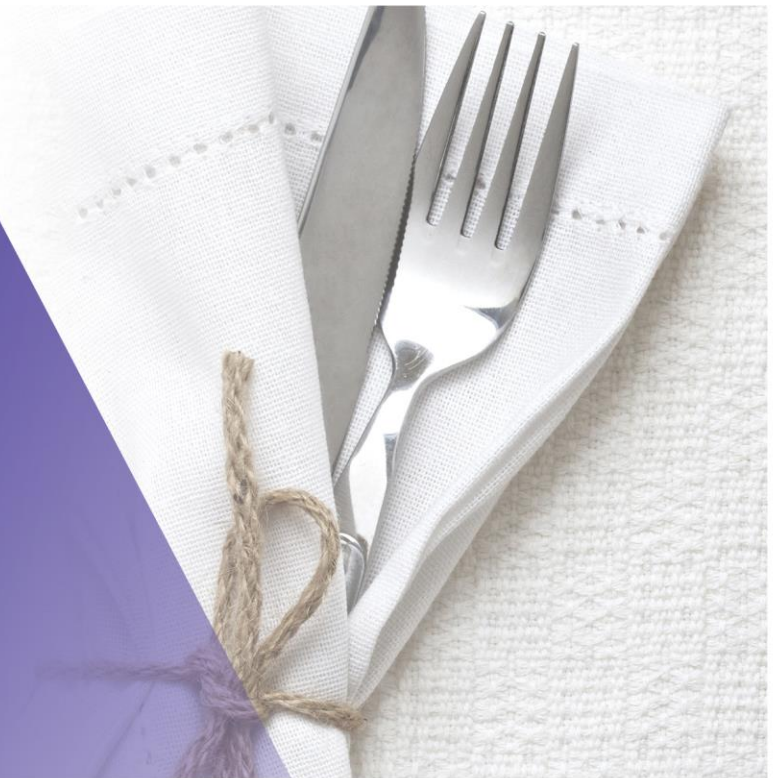


Dinner With the Doc

Nicotine, Alcohol and
Opioids: Effects on
Physical and Mental
Health



How do tobacco, e-cigarettes, alcohol and opioids affect our physical bodies and our mental health and mood states? Jeff Johnson, DO, Medical Director of Addiction Services at Central DuPage Hospital, has more than 25 years of experience working with people challenged by substance use disorders. Dr. Johnson will discuss the currently trending substances of abuse and mechanisms of use, such as e-cigarettes and vaping. He will also touch on how they affect health, may lead to dependency (addiction) and relate to co-occurring depression or other mental health disorders.

Wednesday, July 17, 2019

6:00 – 7:30 pm
Dinner Program

The Abbington, Glen Ellyn
\$5/person, non-refundable

To register, call 630.933.4234
TTY for the hearing impaired
630.933.4833