

GENEVA MIDDLE SCHOOLS'

JOIN US

For a Fruit and Veggie Showdown WHY??



- Approximately 1.7 million (2.8%) of deaths worldwide are attributable to low fruit and vegetable consumption.
- A diet rich in colorful fruits and vegetables is rich in nutrients. Not only is eating less meat a great way to add more vegetables to your diet, it is also a great way to benefit the planet.

Look For the Fruits and Veggies At the Energy Zone-Sides.



APRIL 2019

On one half of the bracket we have fruit and the other half is vegetables. And by the end of April we'll have one fruit and one vegetable left standing and whatever one wins will be the fruit and vegetable we like most. Put your support behind your favorite fruits and veggies. So cast your vote by, choosing your favorite for the day.

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