

GUIDANCE OFFICE BULLETIN

October 2017

Geneva Middle School South Guidance Staff

Shelly Rolf – 6th & 7th Grade Counselor

Katlynn Knapp – 8th Grade Counselor

Stephanie Santo – School Social Worker

Valerie Burns – Speech/Language Pathologist

Lindsey Brill – School Psychologist

Cynthia Gajsiewicz – Administrative Assistant

Reminder

In accordance with Erin's Law, Mutual Ground will be coming to 7th and 8th grade PE classes November 27th – 29th to discuss sexual harassment (7th grade) and sexual abuse (8th grade) with students. Mutual Ground presents these topics in an age appropriate and professional manner. If you have questions, call the GMSS Guidance Office for information.

It's Time To Get Involved!

Clubs and intramurals have started for the year and are a fun way for students to meet new friends and explore a subject area or activity that interests them. It's not too late to join most clubs. We encourage every student to find an activity they want to be part of. If your student is nervous about trying something new, we would be happy to help them find the room where the club is held, meet the activity sponsor, or answer their questions.

Guidance Office October Events

Red Ribbon Week Presentations

Bullying Prevention Presentation (6th Grade):
6th grade PE classes will engage in an interactive guidance-led presentation that highlights the different forms of bullying, the important role of the bystander, and who to go to for help at the middle school level.

Peer Pressure Presentation (7th Grade):
Students will explore positive and negative forms of peer pressure with guidance staff in PE classes. They will practice appropriate responses to negative peer pressure and make a plan for navigating challenging situations.

Stress Management (8th Grade):
Students will understand the physical, emotional, behavioral, and cognitive ways our bodies are impacted by stress. Students will each identify positive coping strategies and a trusted adult who can assist them during stressful times. Guidance staff will lead students in a few easy breathing strategies they can use in school and at home.

Monthly Quote

*"I've learned that people will
Forget what you said,
People will forget what you did,
But people will never forget
How you made them feel."
~Maya Angelou*