

# FAMILY AND CONSUMER SCIENCE

The following courses are offered through VALEES (Valley Education for Employment System). Valley Education for Employment System (VALEES) is a regional delivery system established by the Illinois State Board of Education (ISBE) which serves 18 school districts, two area career/vocational centers, one special education cooperative and Waubensee Community College, covering a five-county area. VALEES also collaborates with College of DuPage, Joliet Junior College, and Kishwaukee College to promote articulated Career and Technical Programs.

## *Restaurant Management I*

One of the fastest growing industries today is the hospitality industry. There are various career paths in food service and culinary arts, several of which lead to high paying jobs. This double period training-level course builds on the skills learned in the foods curriculum. It is designed as a capstone class for the student who has a serious interest in the food and hospitality industry. Employability skills such as business job ethics, personal and customer relationships, career options and job-getting skills will be emphasized.



Topics to be covered include advanced food and menu costing, purchasing and inventory control. Students are involved in actual food preparation in an institutional kitchen and serving paying customers. Students may also have the option of running a small catering business. Students will manage the Culinary Corner Food Court.

This double period course will introduce the student to front of the house duties such as sidework, table setting, clearing, cleaning as well as serving guests. Food preparation will include bakery as well as hot and cold dish units. Additional information can be obtained at <http://www.valees.org/>.

## *Restaurant Management II*

This course develops skills used in the fast growing food service and hotel management industries. The main emphasis of this course is to develop and manage mini-restaurants and a catering business. The restaurants include menus based on international flair and regional cooking. The catering business creates customized menus based on clients' individual requests. This course serves as a

foundation for students wishing to enter a chef or hotel management training program or personal cater business.

This double period course will introduce the student to entrepreneurship and starting a small business. It is designed as a class for the student who has a serious interest in the food and hospitality industry.

Additional information can be obtained at <http://www.valees.org/>.

### ***Fashion Merchandising I***

Apparel production is a major industry in the world. This fashion merchandising course brings the exciting world of fashion to life through an in-depth look at how the apparel industries work. Fashion is both highly personal and very public.

Fashion reflects the economic conditions, current events, political issues, and popular entertainment of a society at a given time. Fashion offers some of the world's most fascinating, challenging, high-paying and exciting careers. Students will have the opportunity to explore some of those careers.



In this course students will study the history of fashion, haute couture, ready-to-wear, textile manufacturing, marketing, retail operations and visual merchandising. Students will also look at future directions and trends that textile companies, apparel manufacturers and retailers are likely to take.

Students will learn how to become more fashionable by using the elements and principles of design to their advantage and how to plan the best wardrobe for their needs. They will learn how to shop and care for clothes. They will plan and participate in a fashion show as the culminating activity for this course. This is a project-based course. (Valees #H215)

Additional information can be obtained at <http://www.valees.org/>.

### ***Fashion Merchandising II***

This course continues the study of fashion and the fashion industry. This course focuses on fashion history, illustration and design, wardrobe planning and customer service. Student activities will include the creation of fashion promotions and trend boards. Students will also research current design and fashion careers. Fashion management will be highlighted in retail sales and service techniques. Business and customer relations will be stressed, including the study of apparel marketing. This is a project based course.

Additional information can be obtained at <http://www.valees.org/>.