

# FOX VALLEY RUGBY



  
**Learn to play  
rugby with  
us!**

## Fox Valley Predator Rugby

We are your local youth rugby club, we provide rugby instruction for boys and girls from 8 yrs of age through high school.

## Try Rugby Dates

3/15 at 7:00 p.m. - 8:00 p.m. - Richmond Gym  
3/18 at 6:00 p.m. - 7:30 p.m. - Strikers Soccer Club

[register at predatorrugbyclub.org](http://registeratpredatorrugbyclub.org)



## Active

A non-stop, action packed game where all players have an opportunity to run, catch, pass, kick, & score a try!

- Games are 50 minutes.
- Everyone is moving around.
- Improves athletic development.

## Inclusive

There is a place for everyone in rugby. Regardless of gender, size and ability there is a spot for all players.

- Everyone runs with the ball!

## Confidence

Rugby builds confidence, players tend to feel better after playing and begins to feel confident since its easy to learn and play, which translates to better athletes.



**Email us**

[info@predatorrugbyclub.org](mailto:info@predatorrugbyclub.org)

[predatorrugbyclub.org](http://predatorrugbyclub.org)